



**Fort Vancouver
Lions Club
Vancouver, WA.,
U.S.A.
Established 1955
July
2025 ISSUE**

**Join us the 3rd
Friday in
July at Golden
Corral.**



Volume 72 Issue 1

**2025-2026
King Lion
Sandy**



What to say...how to start...

It's the beginning of the year, time to start fresh, to review the successes of the past and plan the successes of the future. While doing this, maybe take a new approach. Rather than thinking with your head, try thinking with your heart.

What does that mean? There are all kinds of rational reasons to do or not do things: tradition, too much work, not enough help, good or bad profits, etc. These are all good reasons to be or not to be involved, but are they the best? Sometimes you have to weigh the importance of a project with your heart. Ask yourself "How many people are affected, do they look forward to this, do we make a difference?"

Helen Keller, in her speech to Lions in 1925 said: "I suppose you have heard the legend that represents opportunity as a capricious lady, who knocks at every door but once, and if the door isn't opened quickly, she passes on, never to return. That is as it should be. Lovely ladies won't wait. You have to go and grab 'em. I want to be adopted. The legend doesn't say what you are to do when several beautiful opportunities present themselves at the same door. I guess you have to choose the one you LOVE best..."

Helen asked Lions to think with their hearts, to jump into a new and exciting endeavor while ignoring the "what if's". Aren't we glad we did. We took on a mission that now reaches around the world.

So, I urge you to listen to opportunity knocking on your heart and not your brain. Say, "Why not?" Believe in what we do. Want to make a difference. Don't let your head muffle the knock of opportunity. Answer in whatever form it comes and allow yourself to find the joy and satisfaction of "WE SERVE".

King Lion Sandy



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2024-2025 King Lion Mike



**It has been my pleasure to serve as your
President this past year.**

I'd like to thank your Board for their wisdom and guidance. You're all Rock Stars! But there are three people who really deserve a shout out, in my opinion. Sandy Conroy and Gay Enyeart. I very much appreciate your words of wisdom that helped me with my presidency. And Diane Cavanaugh. I don't know where our club would be without all your efforts as Treasurer, helping with the Newsletter, and pulling off our wonderful 70th Charter Anniversary party.

I was really looking forward to being the club's first two-term president but due to lingering health issues I must step down from that position. I'll still be on the club board, and I hope we can continue to grow our club and collectively, with your ideas, we can really excel at community service.

Early results show that our 2nd Annual Camas-Fort Vancouver Charity Golf Tournament did quite well. The numbers are about the same as last year, with each club netting about \$4,000. If you missed it, the weather was grand during set up and registration. Shortly after the 1:00 o'clock start, however, the skies opened and poured cats and dogs! Pretty sure everyone went home with some serious degree of soak.

May your troubles be Less and your Blessings be more, and nothing but Happiness come through your door.

-An Irish Blessing

King Lion Mike

Page 2



Support Share at the Ridgefield Raptors vs. Portland Pickles game on Friday, July 25 – Tickets just \$10!

Share will receive 50% of ticket sales made through this ticketing page ONLY

Support Share at the Ridgefield Raptors vs. Portland Pickles game on Friday, July 25 – Tickets just \$10!

Share will receive 50% of ticket sales made through this ticketing page ONLY:

<https://sharevancouver.org/2024/09/29/ridgefield-raptors-vs-portland-pickles-july-25/>

**Ridgefield Raptors vs Portland Pickles
July 25, 2025 6:35 p.m.
3101 S. Hillhurst Rd., Ridgefield**

Bring chairs or blankets to sit on, as the seats are on the grass berms. Meet on the left field side. Enter on S. Royal Rd from NW Hillhurst Rd (at the light) and take the first left into the parking lot.



Facebook: [FortVancouverLions](#)

FVLC website: <https://fortvancouverlions.org/>

Lions International <https://www.lionsclubs.org/>

Multiple District 19: <https://lionsmd19.org/>

District N Zone 10 representative -

Shelley Staudinger, Battle Ground Lions Club

Save these Dates

Friday, July 25th Ridgefield Raptors vs. Portland Pickles game

Saturday, August 23rd Berry Sale Pick Up Day 10am - 11am



2025 FROZEN BERRY SALE

**ORDER BY
AUGUST
20TH**

It is time for smoothies, homemade jams, and delicious desserts. Buying **berries** from the Fort Vancouver Lions is the tastiest way to **support your local community**. 100% of profits are returned to the community. This year's berries are locally grown and come either bags, or you can also order sliced strawberries.

\$75



Sliced Strawberries with Sugar

Each 18-pound box is just \$75 and has 12 containers (1.5 pounds each). Each container is sweetened with less than 4 ounces of sugar.



Raspberries



Blueberries



Three Berries



Strawberries

EACH 15 POUND BOX IS JUST \$75 AND IS SEPARATED INTO 6 BAGS (2.5- POUND EACH)

1 SELECT HOW MANY ITEMS YOU WANT TO ORDER:
 RASPBERRIES _____ BLUEBERRIES _____ SLICED STRAWBERRIES _____
 THREE BERRIES _____ STRAWBERRIES _____

QUANTITY _____ X \$75 = \$ _____

- 2 SELECT YOUR PICK-UP LOCATION:**
- BATTLE GROUND - UMPQUA BANK, 601 W MAIN ST (NEXT TO FIRE STATION)
 - SALMON CREEK - KAISER, 14406 NE 20TH AVE
 - VANCOUVER MALL - RED LOBSTER, 8219 NE VANCOUVER MALL DR
 - FISHERS LANDING - MILL PLAIN UNITED METHODIST CHURCH, 15804 SE MILL PLAIN BLVD.
 - WASHOUGAL WATERFRONT PARK - 56 S 1ST ST WASHOUGAL

BERRY PICK UP DAY IS SATURDAY AUGUST 23RD 10AM-11AM

UNCOLLECTED ORDERS WILL BE DONATED TO A LOCAL CHARITY

3 ENTER YOUR CONTACT INFORMATION:
 NAME: _____
 HOME PHONE: _____
 MOBILE PHONE: _____
 EMAIL: _____

**GOT QUESTIONS?
CONTACT AL RHYASEN AT
360-721-6650**

Mail your check and order form before August 21st, 2024 to:
Fort Vancouver Lions Foundation
7107 NE Fairway Ave
Vancouver, WA 98662

SCAN HERE TO ORDER ONLINE OR VISIT OUR WEBSITE!



Despite Rain, Spirits Soar at 2nd Annual

Fort Vancouver and Camas Lions Charity Golf Tournament

Rain couldn't dampen the enthusiasm at the 2nd Annual Fort Vancouver and Camas Lions Charity Golf Tournament, held Friday, June 20th, at the Fairway Village Golf Course. Dozens of hearty golfers braved the showers to support the Lions Clubs' charitable programs while enjoying a fun-filled day on the 9-hole course.





A heartfelt "Thank You" goes out to the many sponsors who made the day possible.

Corporate Sponsor:

✨ Reitmeier NW

Food Sponsors:

🍷 Total Merchant Concepts

🔨 Parr Lumber

🥯 Sunrise Bagels

Tee Box Sponsors:

🏡 Amy Stoller, Windermere/Crest Realty

🚗 B&G Tire & Auto

👛 Brandon Wight – CapFi Consulting

👓 Camas Optique

🛡️ Dan Schott, Consolidated Insurance LLC

🍴 Elmers Restaurants

🏠 Emerson Bishop

🏡 Fairway Village Realty

🛞 Les Schwab

🎨 Shad Holmes, Five Star Painting

💰 Talisman Financial Group at Ameriprise

🏠 The Heathman Lodge

🌿 TVG Medulla LLC/Chiro One

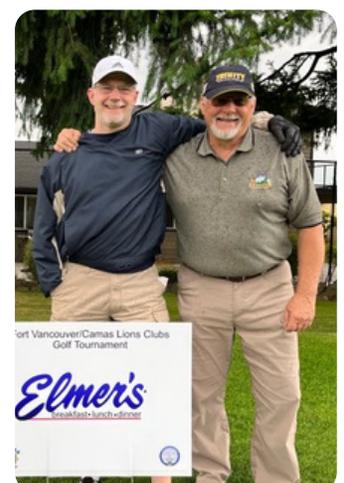
🔧 Wayne Yamashita

🦷 West Vancouver Dental

Special thanks to Magnolia Tavern, Stack 571, and Wild Fin for dinner gift certificates awarded to the top two teams.

The fun didn't stop at the final hole—raffle prizes included three hours of virtual golf donated by Courses Golf & Grill and a "Putting in the Dark" prize from The Barbers.

Even under gray skies, the tournament was a bright success, showcasing the power of community, charity, and Lions spirit.



July Programs

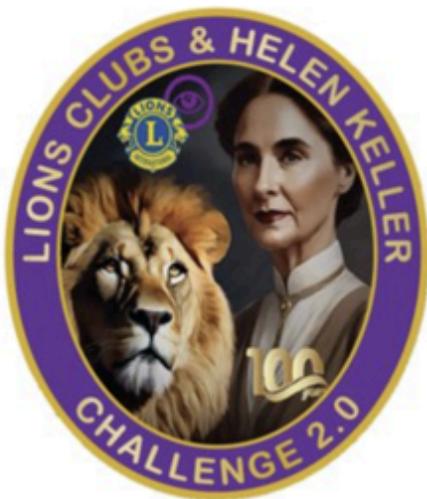
July 5

No meeting

July 18
Columbia Play
Project

2025 - 2026 FVLC Officers

- Sandy Conroy - President
- Aziz (Bill) Shalaby - 1st VP
- Mike Cavanaugh - 2nd VP
- Diane Cavanaugh - Secretary/Admin.
- Diane Cavanaugh - Treasurer
- Gay Enyeart - Membership, LCIF
- Jan Koenig - 1 yr Director
- Phyllis Robertson - 1 yr Director
- Wanda Slevin - 2 yr Director
- Mike Cavanaugh - Past President
- Tail Twister - Allen Rhyasen
- Dotty Scott - Webmaster
- Shelly Brown - Newsletter



**MD19 Lions KOTB Committee &
California Lions MD4A Marketing Committee
Present Helen Keller Challenge 2.0
2025 is the **100th Year Anniversary**
of Helen Keller Challenge
to the Lions to be "Knights of the Blind."
Learn how to bring new service projects & visibility
to your clubs and organizations.**

Join a Zoom presentation on July 24th, 2025, 7 pm PDT

<https://us02web.zoom.us/j/85745644261#success>

Zoom room: 85745644261#success

Add marketing to get new members www.tinyurl.com/HelenKeller100

More Ideas?

www.californialions.org/helen-keller-challenge

www.MD19KOTB.org

Facebook: Lions Clubs and Helen Keller Challenge 2.0



Fort Vancouver Lions Club and Foundation Board Meeting May 16, 2025 Golden Corral

The meeting was called to order by President Mike Cavanaugh at 1:10

Board Members Present: Mike and Diane Cavanaugh, Jan Koenig, Phyllis and Terry Robertson, Aziz Shalaby, Allen Rhyasen, Sandy Conroy and Gay Enyeart

Board Members Absent: Rick Giles and David Rich. Guest Attending: Wanda Slevin

Secretary Report: Gay mentioned the officer elect report had been turned into LCI and MD19. Allen made a motion to accept the minutes and Terry Robertson seconded the motion. Gay also mentioned Sandy Conroy volunteered to be Secretary and Club Administrator. The motion was made and seconded by Terry Robinson for Sandy to be Secretary/Administrator.

Treasurer Report: The Administrative account balance is \$9,197.14 and the Foundation account balance is \$18,872.19. Diane mentioned D&O (Director & Officer) insurance of \$450.00 has been paid. Report stands pending observation.

Allen asked about a review of the budget for the next meeting so we can pay our charities in the budget who have not yet received their money.

OLD BUSINESS:

24.25.22 Nominating Committee Report: Mike read the Slate of Officers

President -Mike Cavanaugh, 1st Vice President - Bill Shalaby, 2nd Vice President - John Lyons, Treasurer - Diane Cavanaugh, Secretary - Sandy Conroy, Administrator - Sandy Conroy, 1 year director - Jan Koenig, 1 year director - Phyllis Robertson, 2 year director - Wanda Slevin, Past President - Terry Robertson, Tail Twister - Allen Rhyasen, LCIF Chair - Gay Enyeart and Shelly Brown - Newsletter.

24.25.04: 70th Anniversary celebration - A lot of fun with positive comments from those who attended.

24.25.25 Helen Keller 100th Anniversary Challenge - Diane mentioned June 5 WSSB at 6:00 pm meeting guide dog puppies and visiting with folks who raise them

24.25.26 Chelatchie Prairie Railroad Trip: Gay will check into this

24.25.27 Planning Berry Sale: Allen talked about the berry sale at the club meeting

24.25.27 Rules/Guidelines for the club: Mike read what the committee had come up with for guidelines. Gay will send out copies to all board members. Revisit at next board meeting

NEW BUSINESS:

24.24.29 Year End Celebration - Save the Date June 27th - Sandy reported our year end installation will be held at LeRoy Haagen Memorial Community Park 13198 NE 9th Street, Vancouver. Social committee will meet. More information will be coming

Not on the agenda - discussion on member orientation. Sandy will talk to David Rich about the two of them heading this project.

Cost of name tags and where to get them. Sandy is checking on this

Mike asked if members would like a pin or button regarding our 70th anniversary, Terry Robertson mentioned having something saying Serving Vancouver for more than 70 years, Diane will check on this.

Mike adjourned the meeting at 2:08. Next Board meeting is June 6, 2025 following the regular meeting.

Updated Officer list 2025 - 2026

Sandy Conroy - President
Aziz (Bill) Shalaby - 1st VP
Mike Cavanaugh - 2nd VP
Diane Cavanaugh - Secretary/Admin.
Diane Cavanaugh - Treasurer
Gay Enyeart - Membership, LCIF
Jan Koenig - 1 yr Director
Phyllis Robertson - 1 yr Director
Wanda Slevin - 2 yr Director
Mike Cavanaugh - Past President
Tail Twister - Allen Rhyasen
Dotty Scott - Webmaster
Shelly Brown - Newsletter

Thank Yous

Feb 6, 2025

To the members of the Fort Vancouver Lions Club,

Thank you so much for your generous donation to the Grandpa's White Cane book reprint project. We look forward to sharing the books with more more school children and Lions Clubs.

Respectfully,
Joanna Jones
and Jim Hoxie



Dear Fort Vancouver Lions Club,
Thank you for your recent kind gift. There are orientation and mobility clients on campus this week, learning the skills they need to use their white canes at home and navigate safely. One client explained to me that she is going to go home, master these skills, and return as soon as possible for a guide dog. Thank you for making these programs possible. Best wishes for 2025.
Jess Knudsen

Grandpa's White Cane Book

Help support the reprinting of this hard cover book.



Lion Bill who uses the book to present to 3rd grade classes in WA State.
DONATIONS: MAKE CHECKS OUT TO: PIERCE COUNTY VIRTUAL LIONS CLUB
PO BOX 314 PUYALLUP, WASHINGTON 98371
PLEASE NOTE "GWCB" ON CHECK. OR USE QR CODE FOR ONLINE DONATIONS. OPTIONAL CHOOSE OTHER" ADD \$0 FOR NO PLATFORM TRANSACTION FEE.
THIS PROJECT IS IN PARTNERSHIP WITH KOTB, AUTHORS J. HOXIE AND J. JONES.



Below is a list of donations made in 2024-2025

FOUNDATION DONATIONS	2024-2025 donations
CAMPS:Gales Creek Camp Foundation - for Children with Type 1 Diabetes	\$250.00
CAMPS:Leo - Lions camp for children with Diabetes	\$250.00
CAMPS:Oral Hull - for adults with blindness & sight loss	\$250.00
Memorials: Clark County Lions Hearing Committee	\$100.00
Memorials: Lions Sight Foundation of Clark County	\$100.00
Clark County Lions Hearing Committee	\$1,250.00
Lions Sight Foundation of Clark County	\$1,250.00
Dogs (Guide dogs for the Blind) - Oregon	\$200.00
Dogs (Leader Dogs) - Michigan	\$200.00
Fish of Vancouver (food bank)	\$250.00
Knights of the Blind Grandpa's White Cane	\$250.00
Lions International (LCIF)	\$2,000.00
Northwest Lions Eyeglass Recycling Center (LERC)	\$300.00
MD-19 Care	\$250.00
Northwest Association for Blind Athletes	\$250.00
Pacific Foundation for Blind Children	\$250.00
Fort Vancouver Seafarers Center	\$150.00
Walk & Knock (Dues)	\$250.00
NW Lions Foundation / White Cane Days	\$1,000.00
Total Donations	\$8,800.00





July 2025

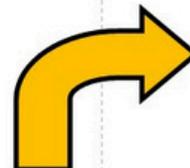
SUN	MON	TUE	WED	THU	FRI	SAT
		1 Clark Co. Hearing 6 PM Clark County Sight 6:30 PM WSSB	2	3	4 NO Lions Meeting 	5
6 Happy Birthday Jan Koenig	7	8	9 Happy Birthday Steven Seymour	10	11 Share House	12
13	14	15	16	17	18 Lions Hybrid Meeting 12 PM Board Meeting 1:00 PM	19
20	21	22	23	24	25 Raptors vs. Piddes Game	26
27	28	29	30	31		



FVLC Original
Pin



**Third Friday
Noon meeting:**



Golden Corral Buffet
11801 NE Fourth Plain Blvd.
Vancouver, WA 98682



August 2025

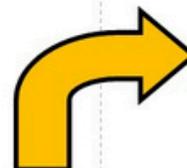
SUN	MON	TUE	WED	THU	FRI	SAT
					1 Lions Hybrid Meeting 12 PM	2
3	4	5 Clark Co. Hearing 6 PM Clark County Sight 6:30 PM WSSB	6	7	8 Share House	9
10	11	12 Happy Birthday David Rich	13	14	15 Lions Hybrid Meeting 12 PM Board Meeting 1:00 PM	16
17	18	19	20	21	22	23 Frozen Berry Sales Pick up 10AM
24/31	25	26	27	28	29	30



FVLC Original
Pin



First & Third Friday
Noon meeting:



Golden Corral Buffet
11801 NE Fourth Plain Blvd.
Vancouver, WA 98682



September 2025

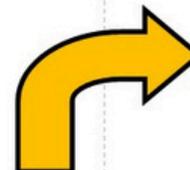
SUN	MON	TUE	WED	THU	FRI	SAT
	1 	2 Clark Co. Hearing 6 PM Clark County Sight 6:30 PM WSSB	3 Happy Birthday Bill Shalaby (2)	4	5 Lions Hybrid Meeting 12 PM Happy Birthday Ann Giles	6 Happy Birthday Nancy Brown
7	8	9	10	11	12 Share House Happy Birthday Larry Brown	13 Happy Birthday Matthew Zimmerman
14 Happy Birthday John Lyons	15	16	17	18	19 Lions Hybrid Meeting 12 PM Board Meeting 1:00 PM	20
21	22	23	24	25	26	27
28	29	30 Happy Birthday Dave Hutson				



FVLC Original
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First & Third Friday
Noon meeting:



Golden Corral Buffet
11801 NE Fourth Plain Blvd.
Vancouver, WA 98682

Rick Giles
360.696.3696



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