



**Fort Vancouver
Lions Club
Vancouver, WA.,
U.S.A.
Established 1955**

**March
2026 ISSUE**

**Join us Fridays
March 6 and
March 20 at Noon
for our regular
meeting at Golden
Corral**

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Volume 72 Issue 9

**2025-2026
King Lion
Sandy**



March 1st, oh my. Four more months until the end of this Lion's year. So many things accomplished: Berry Sales, Shred Day, Santa Store and more. Things still left to do: Spring Shred Day, Golf Tournament just to name a few. Being a smaller club doesn't make us "less mighty". It just means we have to work smarter to accomplish what we wish. Factor in family and life, things don't get boring.

On top of the usual things we do, we are working to come up with a new game plan to make sure we continue to meet current goals and meet future needs of our community. Stay tuned...the best is yet to come.

Club Retreat

On Saturday, February 28, 12 members gathered to examine the health of our club. Sticky notes were made listing our strengths and weaknesses.

Then the magic began. Diane entered all of our comments into a document and asked AI to analyze our comments then come up with a game plan going forward. The results were amazing. Diane will be sending each member a copy so you can see where we are headed.

The first meeting in April, the membership committee will go over goals we have for the clubs and how we hope to achieve them. All of us will be asked to participate, but maybe not in the usual way. The first meeting in June, we will talk about marketing our club. There are so many things we are involved in but no one knows about them but us. It's time to show the community what we do and ask them to join us.

Continued on page 2.

Goodbye to David and Penny Rich

On Tuesday, March 17th, we will be gathering to honor and say farewell to David and Penny Rich. Please come prepared to share memories, stories or other things that reflect on our journey with these two great Lions. See you then.

Queen Lion Sandy

Save the Dates

- **Saturday, March 7** - I am REDDI Emergency Preparedness Training
- **Tuesday, March 17** - Goodbye party for David and Penny Rich
- **April 10–11, 2026** District 19–N Lions Convention Tacoma, Washington
- **April 18** - Columbia Play Project Pancake Play Day
- **May 23 - 24, 2026** (Memorial Day weekend!) MD19 Convention, themed “Celebrating the Fruits of Service” in Wenatchee, Washington.
- **Thursday, May 28** - WSSB Track Meet
- **Friday June 19th** - Third annual Fort Vancouver / Camas Lions Golf tournament!

**Can't make it to our meeting in person?
Join via Zoom!!!**

FVLC Regular Meetings

First and Third Fridays, 12:00 PM Pacific Time

Join Zoom Meeting

<https://us06web.zoom.us/j/84289457357?pwd=QHWxtsSvt9gfLycFUZQI2fR9baR4OL.1>

Meeting ID: 842 8945 7357

Passcode: 19550415

One tap mobile

+12532158782,,84289457357#,,,,*19550415# US (Tacoma)

+12532050468,,84289457357#,,,,*19550415# US



PROGRAMS

March 6, 2026

Geri Stuart - Blue Star Mother

Geri is married and has two sons who joined the Navy. My eldest also married a Navy woman, so, with three children in the service I wanted to find a way to support them. That support ended up being the Blue Star Mothers of America. They are a service organization focused on supporting our armed forces including veterans, active-duty service, guard, reserves, and their families as well as being available to assist in homeland volunteer efforts.



March 20, 2026

Ann Ferguson, Rehab Therapist Lead – PeaceHealth

Ann earned a Combined Bachelor and Master of Science in Occupational Therapy in 1993 through Western Michigan University. She is the Rehab Therapist Lead in Outpatient Neuro Rehabilitation at PeaceHealth Southwest and Clinical Specialist in Low Vision. Ann has developed the PHSW Vision programs for Neurological Changes and Low Vision and has taught courses throughout the NW and California since 2005. She also specializes in hemiparetic upper extremities focusing on Post-Botox treatment for spasticity. In her spare time, she enjoys spending time with her family: camping, hiking, choir, church activities, cross-stitch, touring National parks and going to Disneyland.

Advanced Certification: Advanced Low Vision Training and Educator, Clinical Stroke Rehabilitation Specialist

Clinical Expertise: Neurological Vision impairment: Low Vision, Stroke and Brain Injury Patients

Special Interests: Patient with Low Vision, Patients who have Neurological injuries and Post-Concussion Syndrome

2025 - 2026 FVLC Officers

- **Sandy Conroy - President**
- **Aziz (Bill) Shalaby - 1st VP**
- **Mike Cavanaugh - 2nd VP**
- **Diane Cavanaugh - Secretary/Treasurer**
- **Gay Enyeart - Membership, LCIF**
- **Jan Koenig - 1 yr Director**
- **Phyllis Robertson - 1 yr Director**
- **Wanda Slevin - 2 yr Director**
- **Mike Cavanaugh - Past President**
- **Tail Twister - Allen Rhyasen**
- **Dotty Scott - Webmaster**
- **Shelly Brown - Newsletter**

Facebook: [FortVancouverLions](#)

FVLC website: <https://fortvancouverlions.org/>

Lions International <https://www.lionsclubs.org/>

Multiple District 19: <https://lionsmd19.org/>

District N Zone 10 representative -

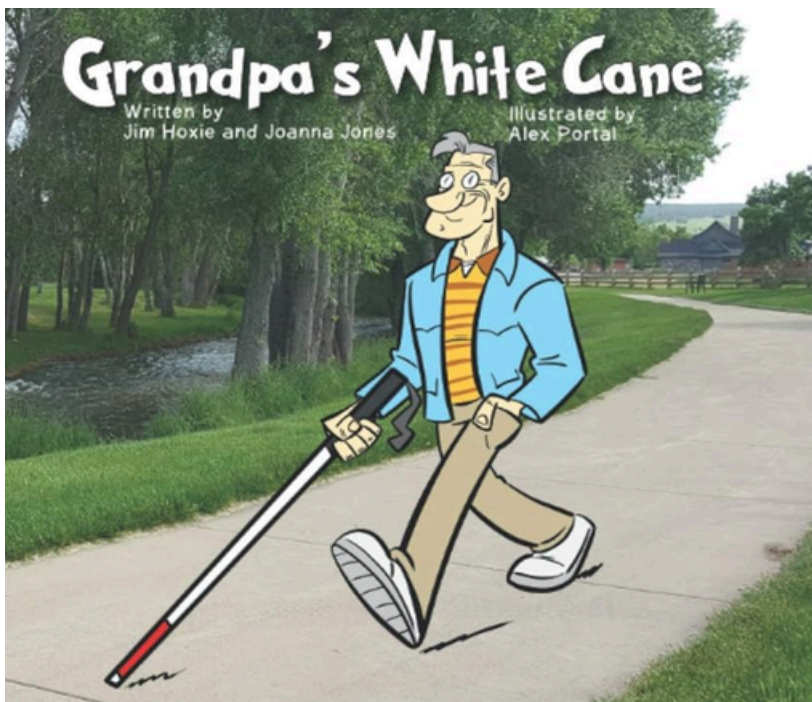
Shelley Staudinger, Battle Ground Lions Club

Lions Pad Project Kenya

The Lions Pad Project Kenya is a project by the Lions and Leos of District 105CE in partnership with Kenyan clubs to keep girls in school by addressing period poverty and its impact on their education. The project provides girls with sanitary pads and underwear, but it also includes educational components like menstrual hygiene management, health, and relationship education to address stigma and build confidence.



We will have one more day of sewing at Cavanaugh's in April, exact date TBD. Contact Diane if you want to come and have a preferred date!



Please join the Cavanaugh's to educate 3rd grade students about blindness and interacting with blind people! We will be presenting at the following places, dates and times:

- **Tuesday March 3 Noon
Lake Shore Elem. School**
- **Friday March 27 8:30am
Anderson Elementary**
- **Wednesday March 11 11:30am
Washington Elementary**

You will need to have completed the clearance process to be a volunteer.

The form is at <https://apps.raptortech.com/Apply/NTY1OmVuLVVT>

Hint: if you filled it out for Santa Shop, you won't need to again :-)

Email diacav.pnw@gmail.com to let us know you are coming!



Columbia Play Project Pancake Play Day April 18, 2026

Mark your calendars for a morning of food, music, and hands-on fun at the Columbia Play Project Pancake Play Day on Saturday, April 18, 2026, from 9:00 a.m. to 1:00 p.m. at the Fort Vancouver Artillery Barracks (600 Hatheway Road, Vancouver).

We are supporting sponsors for this joyful community event, along with Ridgefield Lions and Salmon Creek Lions!

Volunteers are welcome and appreciated! Sign up here:

https://docs.google.com/spreadsheets/d/1vEV1by4hOq0xFKsPrYldEhdXNZ5xzaXV9XT_hSFzpRAM/edit?usp=sharing

Bring the whole family and enjoy a delicious community pancake breakfast! One ticket includes two big pancakes, sausage, juice, coffee, and a variety of fun toppings. In addition to great food, there will be interactive play activities for kids of all ages and live music from Ants Ants Ants, who will perform two sets so everyone can enjoy the show regardless of serving time.

Tickets are self-selected and pay-what-you-will:

- \$12 – Standard Ticket
- \$8 – Community Ticket
- \$20 – Pay-It-Forward Ticket (helps keep play accessible for all)
- Buy tickets here: <https://www.zeffy.com/en-US/ticketing/spring-into-play--2026>

Raffle lovers won't want to miss the chance to win one of six high-quality stuffed animals from Gund. Raffle tickets are just \$5 each and will be available on-site.

There will also be a special "Fund-a-Need" opportunity, where attendees can contribute toward sponsoring a future community pop-up play day. The beneficiary of this pop-up event will be announced soon.



*Stevie the Wonder Cat
will be at the WSSB
Track Meet this Year!*

Mark your calendars for
May 28, 2026

**If you haven't volunteered at
WSSB before or need to renew,
fill out the form at
<https://www.wssb.wa.gov/services/recreationvolunteering/volunteer-application>**

Fred Meyer Community Rewards program



**The Fred Meyer Community
Rewards program makes
fundraising easy by
donating to our
organization based on the
shopping you do.
If you've never signed up,
please do so!**

Instructions at <https://www.fredmeyer.com/i/community/community-rewards>

1. Create a digital account.
2. Link your Card to an organization.

Selecting the organization that you wish to support is as simple as updating the Fred Meyer Community Rewards selection on your digital account.

- Sign in to your digital account.
- Search for your organization [here](#). (Note, the search may not work, and Fort Vancouver Lions are on page 579 or so)
- Enter the name or NPO number of the organization you wish to support.
- Select the appropriate organization from the list and click "Save".



I AM REDDI!

1-DAY PREPAREDNESS TRAINING CLASS



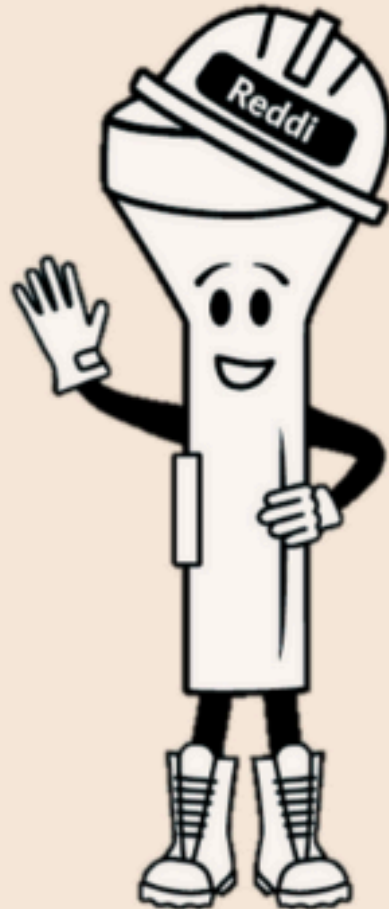
**Saturday, March 7th
9am-4pm**

LOCATION :

**CRESA 710 W. 13th St.
Vancouver, WA 98660**

Topics covered will include:

- The Realities of Emergencies
- The Family Emergency Plan
- What does Preparedness mean?
- Fire Safety
- The Mindset of a Disaster
- Emergency First Aid
- Is Your Neighborhood Reddi for a Disaster?



SCAN QR CODE TO REGISTER:



Cost: \$10 per person
For questions, email:
jodi.blackwood@cresa.wa.gov



Fort Vancouver and Camas Lions Clubs



CHARITY

GOLF TOURNAMENT

Interested in Sponsoring?

- Major Sponsor – (\$1,000) Includes Banner sign at the registration table, and entrance for a team of four!
- Food Sponsor – (\$500) Includes a banner sign at registration crediting your organization for lunch.
- Tee Sponsor – (\$200) 1.5' X 2' of your company or organization featured at one of the tee-boxes.

A chance to win cash and other prizes while having fun and supporting a good cause!

**FRIDAY
JUNE 19, 2026**

**FAIRWAY VILLAGE
GOLF COURSE
VANCOUVER, WA**



Check-in:
12:00pm
Shotgun start
1:00pm

100% of proceeds goes to support charitable causes.



Sponsor or Register with the QR code

or go to <https://fortvancouverlions.org/golf-tournament/>



DISTRICT "N" CONVENTION

CELEBRATING OUR YEAR ABOVE "PAR"



DON'T FORGET TO GET YOUR RAFFLE TICKETS AND CHECK OUT THE SILENT AUCTION ITEMS IN THE OAK ROOM ON SATURDAY

Raffle Items Needed!

We are asking each Club to donate at least one Raffle item or a Silent Auction item.

Please bring items to the Oak Room on Friday, April 10 or before 7 AM on April 11.

FRIDAY FUN NIGHT

MASTERS GOLF TOURNAMENT!

Come find out how you compare to other golfers in the District in an "interesting" golf course situation! Prizes for best Golf Attire—Individual, Couple and 4 Person Team.

MEMORIAL SERVICE IS SATURDAY AT 9AM SHARP!

Registration Hours

Friday—3:30 PM—6:00 PM

Saturday—7:30 AM—12:15 PM

***Do You Need Coffee in the Morning?

We will be having coffee available in the lobby from 7:00 AM - Noon on

Saturday.

If your Club or Group would like to sponsor a coffee hour for \$30, please let PDG Brien Patton or

PDG Marilynn Danby know.



International Guest of Honor

Past International Director, Joyce Middleton

Bridgewater, Massachusetts

International Director 2016-2018



OTHER IMPORTANT TIMES:

- ◆ District Cabinet Meeting—Friday at 4:30 PM
- ◆ Friday Dinner/No Host Social—5:30 PM
- ◆ Saturday Opening Session—9:30 AM
- ◆ **New Voting Hours: Saturday at 11 AM - 11:45 AM & 2:15 PM—3:00 PM**



MD19 Annual Convention to be held in Wenatchee over Memorial Day Weekend

“Celebrating the Fruits of Service”

May 23rd & 24th 2026

Home of Fresh Fruit, Miss Veedol, Aplets & Cotlets Factory, Ohme Gardens,
Wenatchee Super Oval, wineries and so much more!

Add an extra day to visit:

Leavenworth Bavarian Village or Lake Chelan as you come or go

FREE BUS SERVICE: Wenatchee to Leavenworth – Wenatchee to Lake Chelan – Stop in
Cashmere at the Aplets & Cotlets store and watch candy being made. Downtown
Wenatchee to shopping on both sides of the Columbia River. What better place to bring
family for vacation AND MD19 Annual Convention over Memorial Day Weekend.

All At a great price!!

FAREWELL CELEBRATION *DAVID AND PENNY RICH*

THE OLD SPAGHETTI FACTORY
730 SE 160TH AVE, VANCOUVER, WA 98684

TUESDAY MARCH 17 5-7PM

DINNER CHOICES:

- CHICKEN MARSALA
- LASAGNA
- MANAGER'S FAVORITE
(PASTA WITH MIZITHRA & MEAT SAUCE)

(PAY YOUR OWN
AT THE RESTAURANT)



Fort Vancouver Lions • Meetings • January 16, 2026
Golden Corral, 11801 NE Fourth Plain Blvd, Vancouver, WA 98682

Fort Vancouver Lions Club meeting

Our guest speaker was Phyllis Hyatt from Ridgefield Lions Club and her daughters, who shared how she started making Baby Quilts for children who are born blind. She has made more than 300 quilts over the last 10 years! She also had us put on blindfolds and feel some of the quilt blocks she has made.

Secretary Report

Total People Served 25,060 Total Volunteers 236 Total Volunteer Hours 1,329

Treasurer Report

- Admin balance \$10,095.87. 2nd half dues going out.
- Foundation balance \$10,660.25

Ongoing Business

- Sewing Project, Keep a Girl in School – Diane reported that 34 pads are complete, and we will have one more sewing day Monday February 9th 10am at Cavanaugh's.
- Children's Play Project – Phyllis reported that volunteers would be needed on April 18th at the Pancake Play Day 9am-12pm at Ft Vancouver Artillery Barracks. There will also be a Family play day in June and another Grandparents play day in September.
- Battle Ground Lions CRABAGANZA! February 7, 2026
- It has been proposed that FVL become a "neighborhood" for the Clark Neighbors Food Project (also known as the Green Bag project). Nancy Brown has agreed to be our coordinator.

New Business

- I Am REDDI Emergency Preparedness Training will be Saturday, March 7, 9:00 am – 4:00 pm Cost is \$10 per person.
- Gay mentioned that nominations for two Melvin Jones awards would open at the end of February. Solicitations for said nominations will be sent to all past award recipients.
- In her role as membership chair, Gay also reminded everyone that we all should be showing people what we are about and inviting people to join.

The meeting ended with the singing of Happy Birthday for Marcel (98 years young!), Gay and Melvin Jones, followed by 50/50 drawing (which John won!!!) and Happy Bucks.



Fort Vancouver Lions • Meetings • January 16, 2026
Golden Corral, 11801 NE Fourth Plain Blvd, Vancouver, WA 98682

Fort Vancouver Lions Club and Foundation Board meeting

Call to Order 1:18

Board members present: Sandy Conroy, Phyllis Robertson, Jan Koenig, Bill Shalaby, Wanda Slevin, Allen Rhyasen, Diane Cavanaugh, Mike Cavanaugh, Gay Enyeart

Board members absent: none

Guest present: Terry Robertson

Secretary/Treasurer Report

- Motion to approve minutes made by Sandy, seconded by Gay. Passed.

Ongoing business

- Invitation to Partner on a Ball for All w/Camas Lions – Diane indicated still not meeting scheduled.
- Phyllis reported that Hazel Dell Lions were receptive to partnering on the Children’s Play Project.
- Possibility of converting to the free Lions e-Clubhouse for our website – Diane will talk to Dotty soon.
- Partnering with Debra Erickson to teach cooking – Phyllis did not connect with Debra due to the holidays.
- Possible Camas/FVLC partnership on Octoberfest – Diane expressed that she would prefer not to chair this event. Gay offered to pursue this.
- Northwest Lions Leadership Institute June 4-7, 2026 in Chilliwack, British Columbia. Diane and Mike Cavanaugh and Jan Koenig are interested in going. Applications to be returned to Sandy as soon as possible.

New business

- Need for Board/Club retreat to plan for the future of FVLC. There was agreement that this should happen, and Saturday February 28th was set as the date. Place TBD.
- Nominating committee – Who might fill what roles was discussed. Need to finalize the leadership by the end of April.
- SWOT meeting January 24 at the Longview Eagles (Strengths, Weakness, Opportunities and Threats) Presenter Dr. Brian Scott

Adjournment 2:06pm. Next Board meeting February 20th.

Diane Cavanaugh, Secretary



March 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Grandpa's White Cane Day (3)	3 Clark Co. Hearing 6 PM Clark County Sight 6:30 PM WSSB	4	5	6 Lions Hybrid Meeting 12 PM	7 REDDI Emergency Preparedness Training
8 Happy Birthday Fred Larson	9	10	11	12 Happy Birthday Terry Sutfin	13 Share House Happy Birthday Sandy Conroy	14
15	16	17 Happy PATRICK'S DAY Goodbye Party	18	19	20 Lions Hybrid Meeting 12 PM Board Meeting 1:00 PM	21
22 Happy Birthday Rick Giles	23	24	25	26 Happy Birthday Mike Cavanaugh	27	28
29	30	31				



FVLC Original Pin




**First & Third Friday
Noon meeting:**



Golden Corral Buffet
11801 NE Fourth Plain Blvd.
Vancouver, WA 98682



April 2026

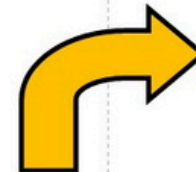
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 Lions Hybrid Meeting 12 PM	4
5	6	7 Clark Co. Hearing 6 PM Clark County Sight 6:30 PM WSSB	8	9 Happy Birthday Suzanne Day Michele Druschel	10 Share House District 19-N Lions Convention	11 Happy Birthday Phyllis Robertson
12	13	14	15	16	17 Lions Hybrid Meeting 12 PM Board Meeting 1:00 PM	18 Pancake Play Day
19	20	21	22	23	24 Happy Birthday Diana Olds	25
26 Happy Birthday Shelly Brown	27	28 Happy Birthday Cheri Perry	29	30		



FVLC Original Pin




First & Third Friday
Noon meeting:



Golden Corral Buffet
11801 NE Fourth Plain Blvd.
Vancouver, WA 98682



May 2026

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Lions Hybrid Meeting 12 PM	2 Happy Birthday Jennifer Denny
3	4	5 Clark Co. Hearing 6 PM Clark County Sight 6:30 PM WSSB	6	7	8 Share House	9
10	11	12	13	14 Happy Birthday Terry Robertson	15 Lions Hybrid Meeting 12 PM Board Meeting 1:00 PM	16
17 Happy Birthday Tracy Fortman	18	19	20	21	22 Happy Birthday Helen Sutfin	23 MD19 Convention 23-24
24/31 	25	26	27	28 WSSB Track Meet	29 Happy Birthday Allen Rhyasen	30



FVLC Original
Pin



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