



**Fort Vancouver
Lions Club
Vancouver, WA.,
U.S.A.
Established 1955**

**April
2026 ISSUE**

**Join us Fridays
April 3 and
April 17 at Noon for
our regular meeting
at Golden Corral**

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Volume 72 Issue 10

**2025-2026
King Lion
Sandy**



Let's Offer Others the Joy of Being Lions

Becoming a Lion is truly a remarkable experience. It opens doors to countless opportunities and adventures, allowing us to make a real difference in the lives of others. Along the way, we encounter diverse paths and have the chance to support people from all walks of life.

To serve our communities to the fullest, it's essential that we have enough Lions to take on these important responsibilities. So, why do we sometimes hesitate to invite others to share this rewarding journey?

Now more than ever, our club needs new volunteers who are passionate about service. Fresh faces bring new energy, ideas, and perspectives that help our projects grow and reach even more people. We can start by sharing our own stories about what being a Lion means to us and the positive impact it has had on our lives. Inviting friends, family, and colleagues to club events or service projects is a simple way to introduce them to our mission. Let's work together to create a welcoming environment where everyone feels valued and inspired to contribute. By reaching out and encouraging others to join, we ensure our legacy of service continues and strengthens for future generations.

Green Bags

Friday, April 3rd is our first opportunity to bring our filled Green Bags to a meeting. Non-perishable items and toiletries are the things most asked for.

Continued on page 2.

The need for food collection is a year-long need in our community. Food collected during the Drive and Drop Food Drive only lasts a few months. After that, the needs are still there, but supplies have greatly dwindled.

Thank you Ft. Vancouver Lions for taking on this project to help meet community needs.

Heartfelt THANKS

“Many thanks” from David and Penny Rich for the wonderful evening at OSF on March 17th.

“We were very honored to have such a great send off and to see so many of our wonderful Lion friends.”

Queen Lion Sandy

Save the Dates

- **Friday, April 3, 2026** - Bring Green Bags to meeting
- **Saturday, April 4, 2026** - Sewing @ Cavanaugh's
- **April 10–11, 2026** District 19–N Lions Convention Tacoma, Washington
- **Wednesday, April 15** - WSSB Assembly to award Meka for her peace essay
- **Saturday, April 18** - Columbia Play Project Pancake Play Day
- **Saturday, April 25** - Memorial Service for Bruce Armstrong
- **Saturday, May 2** - Shred Event
- **May 23 - 24, 2026** (Memorial Day weekend!) MD19 Convention, themed “Celebrating the Fruits of Service” in Wenatchee, Washington.
- **Thursday, May 28** - WSSB Track Meet
- **Friday, June 19** - Third annual Fort Vancouver / Camas Lions Golf tournament!
- **Friday, June 26** - Year End Celebration and Installation Potluck at Haagen Park

**Can't make it to our meeting in person?
Join via Zoom!!!**

FVLC Regular Meetings

First and Third Fridays, 12:00 PM Pacific Time

Join Zoom Meeting

<https://us06web.zoom.us/j/84289457357?pwd=QHWxtsSvt9gfLycFUZQI2fR9baR4OL.1>

Meeting ID: 842 8945 7357

Passcode: 19550415

One tap mobile

+12532158782,,84289457357#,,,,*19550415# US (Tacoma)

+12532050468,,84289457357#,,,,*19550415# US





PROGRAMS

April 3, 2026

Lions Meeting Program will be a presentation of our club Growth Plan.

Bring your bags to the April 3 meeting!

FISH of Vancouver most needed items: canned vegetables and canned meals (chili, etc.). Rarely donated but welcome items: jelly, syrup, and pancake mix.



2025 - 2026 FVLC Officers

- Sandy Conroy - President
- Aziz (Bill) Shalaby - 1st VP
- Mike Cavanaugh - 2nd VP
- Diane Cavanaugh - Secretary/Treasurer
- Gay Enyeart - Membership, LCIF
- Jan Koenig - 1 yr Director
- Phyllis Robertson - 1 yr Director
- Wanda Slevin - 2 yr Director
- Mike Cavanaugh - Past President
- Tail Twister - Allen Rhyasen
- Dotty Scott - Webmaster
- Shelly Brown - Newsletter

Facebook: [FortVancouverLions](#)
 FVLC website: <https://fortvancouverlions.org/>
 Lions International <https://www.lionsclubs.org/>
 Multiple District 19: <https://lionsmd19.org/>
 District N Zone 10 representative -
 Shelley Staudinger, Battle Ground Lions Club

April 17, 2026

Lions Meeting Program on Ft. Vancouver and volunteer opportunities for Lions.



**VOLUNTEERS
NEEDED**

Slate of Officers for 2026-2027

- President Sandy Conroy
- 1st Vice President Aziz Shalaby
- 2nd Vice President Doug Wilson
- Secretary Diane Cavanaugh
- Treasurer Jan Koenig
- 1 yr Director Phyllis Robertson
- 1 yr Director Wanda Slevin
- 2 yr Director Suzanne Day
- 2 yr Director David Hutson
- IPP PDG Terry Robertson
- LCIF Gay Enyeart
- Membership Sandy Conroy



Zone Chairman

At the Board Meeting on Friday, March 20th, it was unanimously approved to endorse Diane Cavanaugh for Zone Chairman for the Lions year of 2026 – 2027. As you all know, Diane has taken on many roles in our club. If she sees a job not being done, she will step in and see that it happens. Please take a moment to congratulate Diane as she takes on the next role in her Lions journey.

'A Marketing We Will Go'

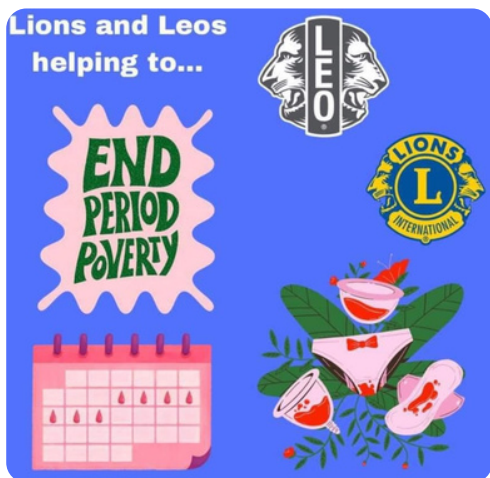
To support our membership growth, the board has decided to join the Vancouver Chamber of Commerce. This will let us attend meetings, stay informed about local events, and promote our club. Increased visibility may attract new members. If you want to help, please contact a board member.

Peace Essay Award

Lion Mike will be presenting the award to Meka for her peace essay at an assembly at WSSB on Wednesday, April 15 at 2:30 p.m. It would be great to have a big Lions attendance.

Lions Pad Project Kenya

The Lions Pad Project Kenya is a project by the Lions and Leos of District 105CE in partnership with Kenyan clubs to keep girls in school by addressing period poverty and its impact on their education. The project provides girls with sanitary pads and underwear, but it also includes educational components like menstrual hygiene management, health, and relationship education to address stigma and build confidence.



We will have one more day of sewing at Cavanaugh's on Saturday April 4th. Contact Diane if you want to come and have a preferred date!



Farewell Party for David & Penny Rich

On Tuesday March 17th (St, Patrick's Day) 26 Lions & friends hosted David & Penny Rich at the OLD Spaghetti Factory in Vancouver Washington. They have been members of our Fort Vancouver Lions club for the past 10 years, where David has served in many capacities including President. We enjoyed telling stories about them and reflecting on their past service with our club.

David is a "punny" man and we will miss his "cute quips", if we can call them that. He introduced our club to many new ideas, and when he instructed us, it was with a very inclusive manner, with David leading the way.

David brought us the "Flag Raising" neighborhood days project, working with the boy scouts and young cadets. A few years ago he introduced the Camas Lions and our club to the idea of an annual "Golf Tournament" in June, which has proved to be very successful not only monetarily but the synergism we have felt working with our new friends in the Camas Lions club.

Lee Denny recalled a weeklong trip he took with David and Penny when they delivered hats and sunglasses to the young children living along the waters of Peru. These were delivered so that the children would be protected from "River Blindness". Chriss Denny recalled going to their home and Penny being such a gracious host, showing Chriss her sewing and quilting room.

The Rich's will be missed but I'm sure we have not heard the last PUN that David has to give us. Come to our Golf Tournament June 19th at Fairway Village to say hello again to this wonderful couple.

Lion Allen Rhyasen

See the pictures on the next page.

Celebrating David & Penny Rich



Volunteers still needed! Sign up here:

<https://docs.google.com/spreadsheets/d/1vEV1by4hOq0xFKsPrYldEhdXNZ5xzaXV9XThsFzpRAM/edit?usp=sharing>



Pancake Play Day!

Saturday, APRIL 18, 2026

9am-1pm

Ft. Vancouver Artillery Barracks
600 Hatheway Road

A Columbia Play Project
Family-Friendly Fundraiser

Tickets are pay-what-you-will for
each person over 2 years old



Pancake breakfast and FREE play!
Featuring the music of

ANTS ANTS ANTS

Scan for
more info



Thank you to
Supporting Sponsors



Ft Vancouver Lions
Salmon Creek Lions
Ridgefield Lions



Community Sponsors



WASTE CONNECTIONS
of WASHINGTON, INC.



Fort Vancouver Lions Club & F.I.S.H. Free Shred & E-Recycle Day!

What to Bring:

- Food for F.I.S.H.
- Donations to Support Fort Vancouver Lions
- Documents (Personal/business documents)
- Computer towers, Hard Drives, Laptops
- Used Eye Glasses and Used Hearing Aids!

Sorry, we cannot accept Televisions, Printers, Monitors, or Appliances of any kind.



Protect yourself or your business by shredding important documents that are no longer needed and free up valuable space in your home, business, or storage spaces.

JOIN US!

10:00 am - 1:00 pm

Saturday May 2nd, 2026

Mill Plain United Methodist Church

15804 SE Mill Plain Blvd, Vancouver, WA

Questions?
Call or text
Allen Rhyasen
360-721-6650

Special Thank You To Our Event Sponsors!



Gay & Steve Enyeart



SHALABY HOLDINGS LLC



DONATE

WSSB Track Meet

Thursday, May 28

Your help is needed!
Please sign up if you are able!



If you haven't volunteered at WSSB before or need to renew, fill out the form at <https://www.wssb.wa.gov/services/recreationvolunteering/volunteer-application>



Fred Meyer Community Rewards program



The Fred Meyer Community Rewards program makes fundraising easy by donating to our organization based on the shopping you do. If you've never signed up, please do so!

Instructions at <https://www.fredmeyer.com/i/community/community-rewards>

1. Create a digital account.
2. Link your Card to an organization.

Selecting the organization that you wish to support is as simple as updating the Fred Meyer Community Rewards selection on your digital account.

- Sign in to your digital account.
- Search for your organization [here](#). (Note, the search may not work, and Fort Vancouver Lions are on page 579 or so)
- Enter the name or NPO number of the organization you wish to support.
- Select the appropriate organization from the list and click "Save".

Fort Vancouver and Camas Lions Clubs



CHARITY

GOLF TOURNAMENT

Interested in Sponsoring?

- Major Sponsor – (\$1,000) Includes Banner sign at the registration table, and entrance for a team of four!
- Food Sponsor – (\$500) Includes a banner sign at registration crediting your organization for lunch.
- Tee Sponsor – (\$200) 1.5' X 2' of your company or organization featured at one of the tee-boxes.

A chance to win cash and other prizes while having fun and supporting a good cause!

**FRIDAY
JUNE 19, 2026**

**FAIRWAY VILLAGE
GOLF COURSE
VANCOUVER, WA**



Check-in:
12:00pm
Shotgun start
1:00pm

100% of proceeds goes to support charitable causes.



Sponsor or Register with the QR code

or go to <https://fortvancouverlions.org/golf-tournament/>

\$70 PER
PLAYER
\$280 - 4
PLAYERS



DISTRICT "N" CONVENTION

CELEBRATING OUR YEAR ABOVE "PAR"



DON'T FORGET TO GET YOUR RAFFLE TICKETS AND CHECK OUT THE SILENT AUCTION ITEMS IN THE OAK ROOM ON SATURDAY

Raffle Items Needed!

We are asking each Club to donate at least one Raffle item or a Silent Auction item.

Please bring items to the Oak Room on Friday, April 10 or before 7 AM on April 11.

FRIDAY FUN NIGHT

MASTERS GOLF TOURNAMENT!

Come find out how you compare to other golfers in the District in an "interesting" golf course situation! Prizes for best Golf Attire—Individual, Couple and 4 Person Team.

MEMORIAL SERVICE IS SATURDAY AT 9AM SHARP!

Registration Hours

Friday—3:30 PM—6:00 PM

Saturday—7:30 AM—12:15 PM

***Do You Need Coffee in the Morning?

We will be having coffee available in the lobby from 7:00 AM - Noon on

Saturday.

If your Club or Group would like to sponsor a coffee hour for \$30, please let PDG Brien Patton or

PDG Marilynn Danby know.



International Guest of Honor

Past International Director, Joyce Middleton

Bridgewater, Massachusetts

International Director 2016-2018



OTHER IMPORTANT TIMES:

- ◆ District Cabinet Meeting—Friday at 4:30 PM
- ◆ Friday Dinner/No Host Social—5:30 PM
- ◆ Saturday Opening Session—9:30 AM
- ◆ **New Voting Hours: Saturday at 11 AM - 11:45 AM & 2:15 PM—3:00 PM**



MD19 Annual Convention to be held in Wenatchee over Memorial Day Weekend

“Celebrating the Fruits of Service”

May 23rd & 24th 2026

Home of Fresh Fruit, Miss Veedol, Aplets & Cotlets Factory, Ohme Gardens,
Wenatchee Super Oval, wineries and so much more!

Add an extra day to visit:

Leavenworth Bavarian Village or Lake Chelan as you come or go

FREE BUS SERVICE: Wenatchee to Leavenworth – Wenatchee to Lake Chelan – Stop in Cashmere at the Aplets & Cotlets store and watch candy being made. Downtown Wenatchee to shopping on both sides of the Columbia River. What better place to bring family for vacation AND MD19 Annual Convention over Memorial Day Weekend.

All At a great price!!

I Am Reddi Training

On March 7, 2026, Diane and Mike Cavanaugh, Sandy Conroy, and Dave Hutson attended an “I Am Reddi” emergency preparedness training at the CRESA office in Vancouver. Along with about 20 fellow Lions, they participated in an engaging session led by Emergency Management Coordinator Jodi Blackwood.

The training reinforced the importance of personal and community preparedness and highlighted the Lions’ role in supporting family, friends, and neighbors during emergencies.

In response, several Clark County Lions clubs—led by Camas—are forming a “Lions Alert” committee to promote preparedness. The first meeting is March 24. For more information, contact Dave Hutson (dlhnpdx@gmail.com) or John Nguyen (john.tj.nguyen@gmail.com).



Fort Vancouver Lions • Meetings • March 20, 2026
Golden Corral, 11801 NE Fourth Plain Blvd, Vancouver, WA 98682

Fort Vancouver Lions Club meeting

Our guest speaker was Ann Ferguson, who explained her work as an occupational therapist specializing in neurorehabilitation and low vision care. She described how she helps patients with brain injuries, concussions, strokes, and various vision impairments regain functional abilities through therapy techniques and adaptive tools.

Secretary Report

Total People Served 32,026 Total Volunteers 269 Total Volunteer Hours 1,590

Treasurer Report

•Admin balance \$9,503.28

•Foundation balance \$12,457.94

Announcements

- Bruce Armstrong, former member and former president of FVL has passed away.
- Sewing Project – either April 4th or April 25th
- Columbia Play Project Pancake Play Day – Saturday, April 18, 2026, 9:00 AM 1:00 PM at Ft Vancouver Artillery Barracks. Volunteers still needed!
- I am REDDI Emergency Preparedness training report – provided by Dave Hutson
- Golf tournament – Allen reported over \$8,000 in corporate sponsorships raised so far!
- Spring Shred Event, Saturday May 2nd. Flyers to be finalized and distributed soon.
- WSSB track meet - May 28, 2026.
- International Dinner is postponed.
- Reminder: Bring your green bags to the next meeting (April 4th)
- First reading of slate of officers for next year
 - Sandy Conroy - President
 - Aziz (Bill) Shalaby - 1st VP
 - Doug Wilson – 2nd VP
 - Diane Cavanaugh - Secretary
 - Jan Koenig - Treasurer
 - Phyllis Robertson - 1 yr Director
 - Wanda Slevin - 1 yr Director
 - Suzanne Day - 2 yr Director
 - Dave Hutson – 2 yr Director
 - Sandy Conroy – Membership
 - Gay Enyeart – LCIF
 - Terry Robertson - Past President
 - Tail Twister - Allen Rhyasen



Fort Vancouver Lions • Meetings • March 20, 2026
Golden Corral, 11801 NE Fourth Plain Blvd, Vancouver, WA 98682

Fort Vancouver Lions Club and Foundation Board meeting

Call to Order 1:15

Board members present: Sandy Conroy, Phyllis Robertson, Jan Koenig, Bill Shalaby, Allen Rhyasen, Diane Cavanaugh, Mike Cavanaugh, Wanda Slevin, Gay Enyeart

Board members absent: none

Guest present: Terry Robertson

Secretary/Treasurer Report

- Motion to approve minutes by Phyllis, 2nd by Jan

Ongoing business

- Partnering with Debra Erickson to teach cooking – Phyllis indicated that today's speaker may also partner with us
- Possibility of converting to the free Lions e-Clubhouse for our website – Diane reported this is on hold, as LCI is beta testing a new club website which may be rolled out at the International convention in Hong Kong.
- Gay reported receiving 5 nominations so far for two Melvin Jones awards. Nominations are due March 21st.
- Membership Plan – Bill, Gay, and Mike have put together a plan to gain new members. The plan was favorably received.

--Gay moved and Allen seconded that the club join the Greater Vancouver of Commerce (\$490 annually), which she believes would provide valuable networking opportunities and help publicize their events. Motion passed.

--A press release has been prepared and was reviewed.

- Berry Sale – Sandy requested that Allen provide info on the logistics of the past berry sales to understand if it might be possible for others to take it over.

New business

- Friends of Lions – At the I am REDDI training, Camas Lions mentioned they email non-Lions regularly, inviting them to join service events. This is one way Camas has grown. We have about 800 emails from past events that would let us start something similar, with summaries or highlights from our newsletter.
- Voting at District 19N Convention (April 10–11, 2026, at the LaQuinta Inns & Suites in Tacoma). Diane and Mike Cavanaugh will be the delegates.
- Membership application from Ian Tyler received, reviewed and approved.

Adjournment 2:00. Next Board meeting April 17th.

Diane Cavanaugh, Secretary



April 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
			1	2	3 Lions Hybrid Meeting 12 PM	4
5	6	7 Clark Co. Hearing 6 PM Clark Co. Sight 6:30 PM WSSB	8	9 Happy Birthday Suzanne Day Michele Druschel	10 Share House District 19N Lions Convention	11 Happy Birthday Phyllis Robertson
12	13	14	15 WSSB Assembly	16	17 Lions Hybrid Meeting 12 PM Board Meeting 1 PM	18 Pancake Play Day
19	20	21	22	23	24 Happy Birthday Diana Olds	25
26 Happy Birthday Shelly Brown	27	28 Happy Birthday Cheri Perry	29	30		



**First & Third Fridays
Noon Meeting**



**Golden Corral Buffet
11801 NE Fourth Plain Blvd
Vancouver, WA 98682**



May 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
					1 Lions Hybrid Meeting 12 PM	2 Happy Birthday Jennifer Denny Shred Event
3	4	5 Clark Co. Hearing 6 PM Clark Co. Sight 6:30 PM WSSB	6	7	8 Share House	9
10	11	12	13	14 Happy Birthday Terry Robertson	15 Lions Hybrid Meeting 12 PM Board Meeting 1 PM	16
17 Happy Birthday Tracy Fortman	18	19	20	21	22 Happy Birthday Helen Sutfin	23 MD19 Convention 23-24
24/31 MEMORIAL DAY	25	26	27	28	29 Happy Birthday Allen Rhyasen	30





**First & Third Fridays
Noon Meeting**



**Golden Corral Buffet
11801 NE Fourth Plain Blvd
Vancouver, WA 98682**



June 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
	1 Happy Birthday Diane Hadley	2 Clark Co. Hearing 6 PM Clark Co. Sight 6:30 PM WSSB	3	4	5 Lions Hybrid Meeting 12 PM Happy Birthday Penny Rich	6
7	8	9	10	11	12 Share House	13
14  Flag Day	15	16	17 Happy Birthday Diane Cavanaugh	18	19 Golf Tournament	20
21	22	23	24	25	26 Year End Celebration	27
28	29	30				



**First & Third Fridays
Noon Meeting**



**Golden Corral Buffet
11801 NE Fourth Plain Blvd
Vancouver, WA 98682**