



**Fort Vancouver
Lions Club
Vancouver, WA.,
U.S.A.
Established 1955**

**September
2026 ISSUE**

**Join us Friday
September 18 at
Noon for our regular
meeting at Golden
Corral**

IN THIS ISSUE

President's Corner.....	1-2
Save the Dates!.....	2
September Programs /	
Contact Info.....	3
Kitchen Confidence Sr.....	4
Blue Star Mothers Proj.....	5
Heritage Farms Proj.....	6
Kitchen Confidential.....	7
Shred Event.....	8
Calendars.....	9-11



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Volume 73 Issue 3

**2026-2027
King Lion
Sandy**



**NO MEETING ON FRIDAY, SEPTEMBER 4TH. ENJOY TIME WITH
YOUR FAMILY AND CELEBRATE LABOR DAY.**

Fort Vancouver board members turned out in force for the tri-zone officer training held Aug. 29, Bill, Doug, Jan, Dave, Diane and yours truly were on hand to learn the newest ways to help our club be successful this year. Great ideas in marketing, membership and more were presented. Many were overheard saying the training got them excited with new ideas. A special shout out to our Zone Chairman, Diane, who gave a great opening overview of LCI, MD19 and District 19N. Way to go, Diane.

Why Invite Someone to Become a Lion?

Sometimes the hardest part of growing our club is simply asking. We may worry that people are too busy, that they will say no, or that we are putting them on the spot. But joining Lions is not about adding another obligation to someone's life; it is about offering them a chance to serve, belong and make a difference. Lions Clubs International describes Lions as more than 1.4 million people serving through 50,000 clubs in 200 countries and regions, united by the simple idea that kindness matters.

New members benefit in many ways. They meet people who care about the same things they do. They gain opportunities for leadership, teamwork, learning, and friendship. They also discover the satisfaction that comes from turning concern into action—whether that means supporting vision and hearing efforts, helping children and families, responding to hunger, protecting the environment, or stepping up when a neighbor needs help.

Continued on page 2.

The community benefits just as much. Every new Lion brings new energy, ideas, skills, and connections. More members mean more hands for service projects, more voices sharing our mission, and more ability to respond when needs arise. When we invite someone to join, we are not asking for a favor—we are opening a door. We are saying, “Come serve with us. Be part of something good.”

How Can We Ask Someone to Join?

Asking someone to join does not have to feel formal or uncomfortable. The best invitation is personal, friendly, and connected to something the person already cares about. Instead of starting with “Will you join our club?” begin with a conversation about service, community, friendship, and the good work Lions are already doing.

1. Think of people who already care. Look for friends, neighbors, coworkers, family members, retirees, business owners, teachers, parents, and community volunteers who enjoy helping others.
2. Start with a simple conversation. Ask what they care about in the community, then share one Lions project that connects with their interests.
3. Tell a short personal story. Explain why you became a Lion, what you enjoy most, or a moment when you saw Lions make a difference.
4. Invite them to one event first. Ask them to attend a service project, club meeting, fundraiser, or social gathering before asking for a commitment.
5. Make the invitation clear. Say something like, “I think you would be a great Lion. Would you like to come with me to our next meeting?”
6. Follow up kindly. If they are interested, give them the details. If they are unsure, invite them again later and keep the door open.

Easy invitation ideas: “Come help us with one project and see what Lions is about.” “We could use someone with your energy and ideas.” “You care about this community, and that is exactly what Lions do.” “No pressure—just come as my guest and meet the group.”

See, it’s really not that hard. Just ASK.

Queen Lion Sandy

Save the Dates

- **September 15** - Kitchen Confidence for Seniors with Vision Loss 55+
- **September 19** - Heritage Farm Work Party
- **September 22** - Kitchen Confidence for Seniors with Vision Loss 55+
- **October 3 & 4** - Dozer Days
- **October 13** - Kitchen Confidence for Youth with Vision Loss 8 yrs to 22 yrs
- **October 20** - Kitchen Confidence for Youth with Vision Loss 8 yrs to 22 yrs
- **Saturday, October 24** Shred Event
- **November 3** - Kitchen Confidence for Young Adults with Vision Loss 22 yrs to 50 Yrs
- **November 10** - Kitchen Confidence for Young Adults with Vision Loss 22 yrs to 50 Yrs
- **April 16 & 17, 2027** - MD19N convention, Heathman Lodge, Vancouver

September PROGRAMS

2026 - 2027 FVLC Officers

September 4, 2026
NO Meeting
Due to Labor
Day Weekend

- Sandy Conroy - President
- Aziz (Bill) Shalaby - 1st VP
- Doug Wilson - 2nd VP
- Diane Cavanaugh - Secretary
- Jan Koenig - Treasurer
- Gay Enyeart - LCIF
- Wanda Slevin - 1 yr Director
- Phyllis Robertson - 1 yr Director
- Suzanne Day - 2 yr Director
- Dave Hutson - 2 yr Director
- Terry Robertson - Past President
- Tail Twister - Allen Rhyasen
- Dotty Scott - Webmaster
- Shelly Brown - Newsletter

September 18, 2026
TBD

Facebook: [FortVancouverLions](https://www.facebook.com/FortVancouverLions)
FVLC website: <https://fortvancouverlions.org/>
Lions International <https://www.lionsclubs.org/>
Multiple District 19: <https://lionsmd19.org/>
District N Zone 10 representative -
Diane Cavanaugh, Fort Vancouver Lions

Fort Vancouver Service Action Plan 2026-2027

Service Project	Chair	Date(s)	Notes
A Ball for All: CC Lions project	Diane C.		
Blue Star Mothers - Care Package Project	Phyllis R.	October	
Clark County Food Bank 78th St. Heritage Farm	Diane C.	Fall	
Clark County Hearing	Rick Giles	First Tuesday Every Month	
Clark County Sight	Terry R.	First Tuesday Every Month	
Clark County Lions Emergency Committee	Dave Hutson		
Columbia Play Project: 'Grandparents' Play Day --			
Fort Vancouver Lions Booth	Phyllis R.	September?	
Columbia Play Project: Pancake Play Day	Phyllis R.	April	
Community and Family Services Foundation:			
Gifts for Foster Children	Eva H.	December	
Diabetes Walk Challenge	Mike C.?	October through April	
Drive and Drop (Walk and Knock)	Sandy C.	December 5?	
Eyeglass Collection/LERC	Allen R., Michele J.	Ongoing, sorting day?	
FISH: Green Bags Food Collection	Nancy B., Sandy C.	Ongoing	
Fort Vancouver Conservation Project	Doug W.	Spring	
Fort Vancouver NHS Pearson Exhibit Project	Doug W.		
Foster Children: Christmas gifts for foster children.	Eva H.	December	
Foster Dinner at Elks	Eva H.	December	
Fund raising for foster child(Ash) to go to Soccer summer camp.	Eva H.	July	
Grandfathers White Cane	Diane C. and Mike	February - March?	
Kitchen Confidence: Blind Kitchen	Phyllis R.		
Lions Sewing Project? (The Lions Pad Project Kenya)	Diane C.	December - February?	
Red Cross Blood Drive	Doug W., Tracy F.		
Salvation Army Bell Ringing	Sandy C.	December	
Share House	Nancy B.	Second Friday Every Month	
Shred Day, E-recycle and FISH donations	Allen R., Doug W.	October and May	
Veterans's Day Open House Booth	Tracy F., Doug W.	11-Nov-26	
W.S.S.B. Exercise for Healthy Heart Day	Lori P.	February	
W.S.S.B. Track Meet	Lori P.	May	
Washington Elem. Back to School Event	Michele D.	August/September?	
Washington Elem. Santa Store	Michele D.	December 16th and 17th?	
Washington Elem. Thanksgiving Dinner Service	Michele D.	November	



Every piece matters.
Every person matters.



KITCHEN CONFIDENCE FOR SENIORS WITH VISION LOSS



A hands-on workshop for adults age 55 and older who already know how to cook and want to regain confidence, independence, and enjoyment in the kitchen.

Led by Chef Debra Erickson, Founder of The Blind Kitchen

Learn How To:

- ✓ Prevent cuts, burns, and kitchen accidents
- ✓ Organize your kitchen for safety and efficiency
- ✓ Measure, label, and identify foods with confidence
- ✓ Use adaptive tools and technology designed for vision loss
- ✓ Access recipes and shop independently
- ✓ Prepare meals using safe, practical cooking techniques

Gain Confidence. Increase Safety. Enjoy Cooking Again.

REGISTER TODAY!



 Tool kits to be provided to each student!

Registration link:

<https://tinyurl.com/KitchenConfidenceSeniors>



Take-Home Tools

Participants will receive adaptive tools to practice skills at home!



Workshop Format

- 2 session workshop
- 2 hours each

EVENT DETAILS

Date: September 15 and 22, 2026

Time: 5:30-7:30 pm

Location: Clark County Food Bank
6502 NE 47th Ave

Vancouver, WA 98661

Cost: FREE

Capacity: Limited to 8 participants

A guest/driver may also attend

Register by August 31, 2026

Questions? Call 360.693.0939

This interactive workshop includes demonstrations, hands-on learning, and opportunities to explore adaptive kitchen tools. Participants will leave with practical tips they can immediately use at home!

Presented by



**CLARK COUNTY
FOOD BANK**

Blue Star Mothers Service Project

In March 2026 our program speaker was Geri Stuart of Blue Star Mothers. She talked about the nonprofit, a National Organization established in 1942 that is a large network of mothers and military families that support our activity duty military and veterans. They prepare care packages for activity duty service members.

Fort Vancouver Lions discussed creating a Service Project that would support our soldiers. In visiting with Geri, she shared with us that notes of appreciate and gifts from home would let them know we care. She also shared that there is an Amazon Care Package List identifying items that service members would like.

Blue Star Mothers are gathering items now and shipping them in October.

Appreciation Cards

If you would like to send Cards and Notes they may be addressed to: Service Member – which covers the genders and unknown branches of the recipients. She suggests leaving them unsealed in case they get inspected.

Amazon Care Package list:

https://www.amazon.com/hz/wishlist/ls/16HHBGEZIYNRX/ref=nav_wishlist_lists

You may order item(s) and bring to the meetings.

The nonprofit can always use donations for shipping costs payable to Blue Star Mothers.

Please bring appreciation cards/notes/packages to Lions meeting Friday, September 18 or October 2. Terry and Phyllis Robertson will deliver them to Geri Stuart for October mailing to the troops.

Thank you for considering participation in this effort.

Please contact Phyllis Robertson for questions. Call 360-901-1188 or email goldpill@comcast.net





Jan and Michele served Otter Pops at Washington Elementary's Back to School night. They were a big hit with kids and parents alike on an 80 degree day!

[Vol-un-teers] are the hands & hearts of Clark County Food Bank 🤝❤️

Here's a chance to wear your new bright yellow green shirt!!

Join us for **Celebrate Community Week**, an annual tradition where members of **Lions, Rotary, and Kiwanis** come together to serve our community as one team!



On **Saturday, September 19, 2026**, we'll gather for a **group work party at Heritage Farm** to help **harvest fresh produce** that will be distributed through the **Clark County Food Bank**. This is a wonderful opportunity to work alongside fellow service club members, build new friendships, and make a meaningful impact for local families.

- Event Details
- Date: Saturday, September 19, 2026
- Location: Heritage Farm, 1919 NE 78th St., Vancouver, WA
- Activity: Garden work party (tasks will be assigned based on volunteer abilities)
- Sign Up:
<https://www.signupgenius.com/go/8050844A5A92AA3FA7-64898057-heritage>

Everyone needs a Volunteer Registration Form. Email stephanieodellcamas@gmail.com or diacav.pnw@gmail.com to receive yours!

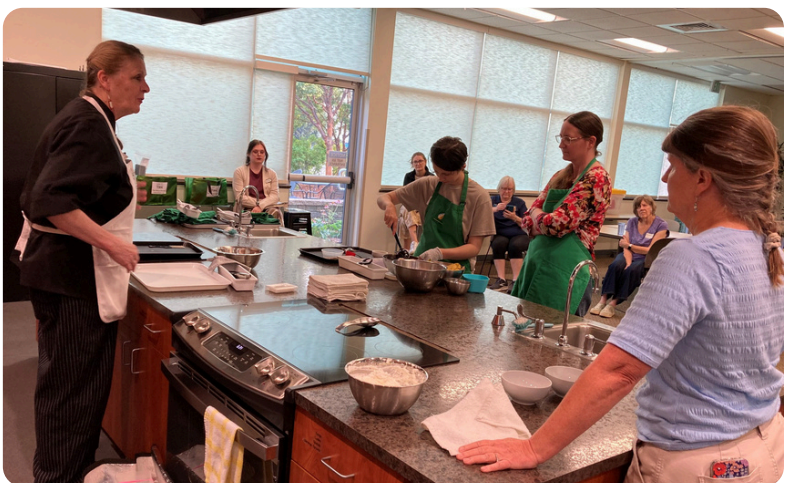




****Congratulations, Team Kitchen Confidence!****

What an evening! Tuesday, August 4 was the first Kitchen Confidence for Youth with Vision Loss workshop, and it was a wonderful success!

The bowls and other equipment provided by the Clark County Food Bank were just right for the workshop. Chef Debra Erickson, Founder of The Blind Kitchen, gave a GREAT presentation! She kept everyone engaged with practical, helpful information.



And Riley? She could not have been a better—or more enthusiastic—learner! Her excitement and willingness to try new things made the evening especially rewarding. At the end of the evening, Riley's mom, Laura, became emotional as she saw what her daughter was able to accomplish.

"Changes!"

New location for our fall shred event! "Beautiful Savior Lutheran Church"

Still located on Mill Plain just further West on the South side of the road! (adjacent to Kaiser)

Please we need everyone to promote this however you feel comfortable!

Dropping off flyers at businesses up & down Mill Plain would be great!

See Doug Wilson for more info on this!

As Terry Robertson says "where there is a need, there is a Lion"

Thank you, Allen



Westside Food Pantry
of Vancouver



Fort Vancouver Lions Club & F.I.S.H. Free Shred & E-Recycle Day!



WHAT TO BRING:

- Food for F.I.S.H.
- Donations to Support Fort Vancouver Lions
- Documents (Personal/Business Documents)
- Computer Towers, Hard Drives, Laptops
- Used Eye Glasses and Used Hearing Aids



SORRY, WE CANNOT ACCEPT:

Televisions, Printers, Monitors,
or Appliances of any kind.

SHRED TRUCK SPONSORED BY



COLUMBIA
CREDIT UNION



Protect yourself or your business
by shredding important
documents that are no longer
needed and free up valuable space
in your home, business, or
storage spaces.



JOIN US!

10:00 am – 1:00 pm

SATURDAY, OCTOBER 24TH, 2026

Beautiful Savior Lutheran Church

12513 SE Mill Plain Blvd, Vancouver, WA 98684

next to Kaiser on Mill Plain

Questions?
Call or text
Allen Rhyasen
360-721-6650

THANK YOU TO OUR EVENT SPONSORS!

KINGS CROSS
AUTOMOTIVE
QUALITY • KNOWLEDGE • FAMILY

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ODOMS HOME MOLD REMEDIATION

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www.fortvancouverlions.org

DONATE



September 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
		1 Clark Co. Hearing 6 PM Clark Co. Sight 6:30 PM WSSB	2 Happy Birthday Bill Shalaby	3	4 NO Lions Meeting 12 PM	5
6 Happy Birthday Nancy Brown	7 	8	9	10	11 Share House	12 Happy Birthday Larry Brown
13	14 Happy Birthday John Lyons	15 Kitchen Confidence for Seniors	16	17	18 Lions Meeting 12 PM Board Meeting 1 PM	19 Heritage Farm Workday
20	21	22 Kitchen Confidence for Seniors	23	24	25	26
27	28	29	30 Happy Birthday Dave Hutson			



**First & Third Fridays
Noon Meeting**



**Golden Corral Buffet
11801 NE Fourth Plain Blvd
Vancouver, WA 98682**



October 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
				1	2 Lions Meeting 12 PM	3 Dozer Days
4 Dozer Days	5	6 Clark Co. Hearing 6 PM Clark Co. Sight 6:30 PM WSSB	7	8	9 Share House	10
11	12	13 Kitchen Confidence for Youth Happy Birthday Wanda Slevin	14	15	16 Lions Meeting 12 PM Board Meeting 1 PM	17
18	19	20 Kitchen Confidence for Youth	21	22	23	24 Shred Event
25	26	27	28	29	30	31



**First & Third Fridays
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November 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
1	2	3 Clark Co. Hearing 6 PM Clark Co. Sight 6:30 PM WSSB	4 (3) Kitchen Confidence for Young Adults	5	6 Lions Meeting 12 PM	7
8	9	10 Kitchen Confidence for Young Adults	11	12	13 Share House	14
15	16	17	18	19	20 Lions Meeting 12 PM Board Meeting 1 PM	21
22	23	24	25	26 Happy Thanksgiving	27	28
29	30					



**First & Third Fridays
Noon Meeting**



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