



**Fort Vancouver
Lions Club
Vancouver, WA.,
U.S.A.
Established 1955**

**October
2026 ISSUE**

**Join us Fridays
October 2 and
October 16 at Noon
for our regular
meeting at Golden
Corral**

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Volume 73 Issue 4

**2026-2027
King Lion
Sandy**



October: A Season to Reset and Serve

October invites us to reset, reconnect, and enjoy all that the season brings—both as Lions and as individuals. With renewed energy and a shared commitment to service, we are rolling up our sleeves and looking ahead to the opportunities before us.

Upcoming Priorities

Several activities are coming up for the Ft. Vancouver Lions. Please bring your GREEN BAGS to the Friday, October 2nd meeting, with particular attention to the season's changing needs.

Blue Star Mothers Note Cards

Please also return the note cards for the Blue Star Mothers. For service members far from home, these messages provide a meaningful and deeply appreciated connection.

Kitchen Confidence Training

Additional Kitchen Confidence training sessions are planned. If you have not yet volunteered, please consider helping. This is a valuable opportunity to connect with people with visual impairments and gain a deeper understanding of the importance of this Lions mission.

Santa Store Preparations

The ever-important Santa Store will be here before we know it. Please contact Michelle to help with preparations—this project truly “takes a village.”

Moving Forward Together

Let's make October a month of fellowship, purpose, and meaningful community impact.

Queen Lion Sandy



PROGRAMS

October 2, 2026

My name is Lilli Seale and I will be presenting on behalf of Shared Hope International. I have been with the organization for nearly 3 years and deeply enjoy being part of such an important movement. I am a born and raised Vancouver resident, my family has a cute little farm in Hockinson where we raised many misfit animals that we found on craigslist. I don't have any kids of my own (yet), but my siblings have blessed me with 5 nieces and nephews that are a big part of my world. I enjoy volunteering, hiking, dogsitting, watching baseball, and pulling out my dusty crafts box when I have some downtime. I am excited to spend the afternoon with you all!

October 16, 2026

Marcie Walsh is the Food+ Program Director for Clark County Food Bank's programming addressing the root causes of food insecurity. She's been at the food bank for three years, starting in the Nutrition Education program, and was promoted to Program Director in March 2025. Walsh brings 20+ years of education and program development experience, first as a special education teacher in underserved schools, then teaching at a large urban university in Richmond, VA. Marcie and her husband moved to Vancouver in 2023 to be closer to their son and daughter-in-law, and their 2/12 year old granddaughter.

2026 - 2027 FVLC Officers

- **Sandy Conroy - President**
- **Aziz (Bill) Shalaby - 1st VP**
- **Doug Wilson - 2nd VP**
- **Diane Cavanaugh - Secretary**
- **Jan Koenig - Treasurer**
- **Gay Enyeart - LCIF**
- **Wanda Slevin - 1 yr Director**
- **Phyllis Robertson - 1 yr Director**
- **Suzanne Day - 2 yr Director**
- **Dave Hutson - 2 yr Director**
- **Terry Robertson - Past President**
- **Tail Twister - Allen Rhyasen**
- **Dotty Scott - Webmaster**
- **Shelly Brown - Newsletter**

Facebook: [FortVancouverLions](#)

FVLC website: <https://fortvancouverlions.org/>

Lions International <https://www.lionsclubs.org/>

Multiple District 19: <https://lionsmd19.org/>

District N Zone 10 representative -

Diane Cavanaugh, Fort Vancouver Lions



CLARK COUNTY
FOOD BANK

Save the Dates

- **October 3 & 4** - Dozer Days
- **October 13** - Kitchen Confidence for Youth with Vision Loss 8 yrs to 22 yrs
- **Sunday October 18, 2-5pm** - Eyeglass Sorting Party, Staudinger's
- **October 20** - Kitchen Confidence for Youth with Vision Loss 8 yrs to 22 yrs
- **Saturday, October 24** Shred Event **(Note new location)**
- **November 11, 11-3** - Veteran's Day CMAC Open House, Pearson Hanger, 1115 E 5th St. Vancouver. Clark County Lions will have a table. Contact Diane to help!
- **November 14** - World Diabetes Day
- **Thursday, December 17** - WA Elementary Santa Store
- **April 16 & 17, 2027** - MD19N convention, Heathman Lodge, Vancouver

Lions Club International Foundation (LCIF)

Lions Clubs International Foundation (LCIF) offers primary fund types for direct donations, along with specific recognition pathways:

Core Donation Funds

Empowering Service Fund: The primary general fund for LCIF. Contributions support all of LCIF's core global causes and humanitarian grant programs, including vision care, youth programs, hunger relief, childhood cancer, diabetes education, and environmental projects. Donations to this fund qualify for District & Club Community Impact Grants.

Disaster Relief Fund: Reserved specifically for emergency relief and disaster preparedness efforts. Donations supply immediate necessities (such as food, clean water, medical supplies, and temporary shelter) to communities recovering from natural disasters. (Note: Gifts earmarked directly for the Disaster Relief Fund are generally excluded from District & Club Community Impact Grant calculations.)

Special Recognition & Memorial Fund Options:

When contributing to LCIF, donors can designate their gifts through specific recognition channels:

Melvin Jones Fellowship (MJF) / Progressive Melvin Jones Fellowship (PMJF): Donations credited toward MJF or PMJF awards honor individual commitment to humanitarian service.

Tribute & Memorial Gifts: Donations made in honor of a special occasion (e.g., anniversaries, birthdays) or in memory of a deceased individual.

Endowment Fund & Planned Giving: Long-term gifts, including bequests, charitable gift annuities, or endowed funds where the principal is invested to provide continuous income for foundation projects over time.

Lions Clubs International Foundation - Planned Giving

You can donate directly through the LCIF Donation Form

1. Online

Follow the step-by-step form:

Choose a Cause: Select either the Empowering Service Fund or the Disaster Relief Fund.

Set Amount & Frequency: Choose a one-time gift or recurring schedule (Monthly or Yearly).

Specify the Donor: Select whether the gift is from an individual Lion, Leo, Non-Member, Club/District, or Business, and indicate if you wish to remain anonymous.

Request Recognition: Optional—select if you want the gift applied toward a Melvin Jones Fellowship (MJF/PMJF), a memorial, or a special occasion.

Payment Method: Pay via Credit Card or PayPal and submit.

2. Alternative Ways to Give

If you prefer not to donate online, LCIF supports other methods via their Ways to Give page:

Check / Mail: Send a check payable to Lions Clubs International Foundation to:

Lions Clubs International Foundation

300 W. 22nd Street

Oak Brook, IL 60523-8842 USA

Wire Transfer or Direct Bank Transfer: Available for local or international transfers (contact LCIF donor services for bank details).

Planned Giving & Endowments: Set up long-term gifts, such as bequests in a will, stock transfers, or charitable gift annuities.



Foster Care Assistance

Hello Lions,

There are about 600 children in Foster Care in Southwest Washington currently. These children will not get to be with their families for Christmas this year. While we can't change that fact we can help to make Christmas a little cheerier for some of them.

Community and Family Services Foundation, a local nonprofit case managing 60 children in care, is grateful to be partnering with local Lions to make Christmas wishes come true for this very vulnerable population.

We want to provide each child with their Christmas wishes. If you want to make a real difference and participate call **EVA HALTER 360-607-3310**.

“Changes!”

New location for our fall shred event! “Beautiful Savior Lutheran Church”

Still located on Mill Plain just further West on the South side of the road! (adjacent to Kaiser)

Please we need everyone to promote this however you feel comfortable!

Dropping off flyers at businesses up & down Mill Plain would be great!

See Doug Wilson for more info on this!

As Terry Robertson says “where there is a need, there is a Lion”

Thank you, Allen

See flyer information on page 5.



Westside Food Pantry
of Vancouver



Fort Vancouver Lions Club & F.I.S.H. Free Shred & E-Recycle Day!



WHAT TO BRING:

- Food for F.I.S.H.
- Donations to Support Fort Vancouver Lions
- Documents (Personal/Business Documents)
- Computer Towers, Hard Drives, Laptops
- Used Eye Glasses and Used Hearing Aids



SORRY, WE CANNOT ACCEPT:

Televisions, Printers, Monitors,
or Appliances of any kind.

SHRED TRUCK SPONSORED BY



COLUMBIA
CREDIT UNION



Protect yourself or your business
by shredding important
documents that are no longer
needed and free up valuable space
in your home, business, or
storage spaces.



JOIN US!

10:00 am – 1:00 pm

SATURDAY, OCTOBER 24TH, 2026

Beautiful Savior Lutheran Church

12513 SE Mill Plain Blvd, Vancouver, WA 98684

next to Kaiser on Mill Plain

Questions?
Call or text
Allen Rhyasen
360-721-6650

THANK YOU TO OUR EVENT SPONSORS!

KINGS CROSS
AUTOMOTIVE
QUALITY • KNOWLEDGE • FAMILY

TMC

ODOMS HOME MOLD REMEDIATION

**Phillips
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Rick & Ann Giles

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**CONSOLIDATED
INSURANCE L.L.C.**
Dan Schott
20820 NE 92nd Street
Vancouver, WA 98682
360-944-2730

Pretty Petal Healing
CHRISSE RENEE SMITH, LMT
Massage & Henna

Mind Body
NATURAL HEALING CENTER



www.fortvancouverlions.org

DONATE

MD19 STEP CHALLENGE

START
SEPTEMBER 28TH,
2026

A one-time \$5.00 participation fee, paid to your District Diabetes Chair, goes to Diabetes Camps in your area

30 Weeks of counting steps - submitted weekly

Last day to walk April 25th, 2027

Updates posted in:
MD19 Diabetes Newsletter & Border Crossing

Open to Lions Members and Non-Members
(Family and Friends pay the one-time \$5.00 participation fee for steps to count)

All money raised
will send kids to
Diabetes Camps
in Canada
and USA

Winner announced at the MD19 Convention in Abbotsford, BC
weekend of May 15th - 16th, 2027



REPORT STEPS each Sunday to:
Georgia Medwedrich - gdalmaine@gmail.com

FOR MORE INFORMATION
CONTACT YOUR DISTRICT DIABETES CHAIR:
L - Georgia Menwedrich - gdalmaine@gmail.com
I - Linda Schaffrick - lindaschaffrick@gmail.com
O - Rose Torset - marc.rose123@comcast.net
N - Wendy Sandor - sapophore@hotmail.com
S - Debbie Belknap - belknad@me.com



Blue Star Mothers Service Project

In March 2026 our program speaker was Geri Stuart of Blue Star Mothers. She talked about the nonprofit, a National Organization established in 1942 that is a large network of mothers and military families that support our activity duty military and veterans. They prepare care packages for activity duty service members.

Fort Vancouver Lions discussed creating a **Service Project** that would support our soldiers. In visiting with Geri, she shared with us that notes of appreciate and gifts from home would let them know we care. She also shared that there is an Amazon Care Package List identifying items that service members would like.

Blue Star Mothers are gathering items now and shipping them in October.

Appreciation Cards

If you would like to send Cards and Notes they may be addressed to: Service Member – which covers the genders and unknown branches of the recipients. She suggests leaving them unsealed in case they get inspected.

Amazon Care Package list:

https://www.amazon.com/hz/wishlist/ls/16HHBGEZIYNRX/ref=nav_wishlist_lists

You may order item(s) and bring to the meetings.

The nonprofit can always use donations for shipping costs payable to Blue Star Mothers.

Please bring appreciation cards/notes/ packages to Lions meeting Friday, October 2. Terry and Phyllis Robertson will deliver them to Geri Stuart for October mailing to the troops.

Thank you for considering participation in this effort.

Please contact Phyllis Robertson for questions. Call 360-901-1188 or email goldpill@comcast.net



Kitchen Confidence



On August 4 and 18, Riley attended our first **Kitchen Confidence workshop for Youth with Vision Loss**, where Riley's enthusiasm shone bright—so much so that her mom, Laura, was moved to tears watching her daughter's progress.



Another set of workshops for Youth with Vision Loss will be October 13 and 20. Students from the LIFTT program will attend these sessions.



After each workshop, participants receive specially selected tools from The Blind Kitchen to take home with them!



Kitchen Confidence for Seniors premiered on September 15 and 22nd. Chef Debra Erickson led the hands-on sessions using accessible tools, teaching participants Bonnie and Lee to measure, chop, and cook with confidence.



We are grateful for partnerships with CCFB and TBK that make this happen!





On 9/11, we started another set of reusable menstrual pads for Leo Ivy in Kenya and Keeping a Girl in School! These will be delivered early next year. We continued on 9/25, and have completed about 2 dozen with several dozen more cut out and ready to stitch!



Sept. 18 we volunteered alongside other Lions, Rotary, and Kiwanis at Heritage Farm. Together, we picked melons, eggplants, peppers, and squash for the Clark County Food Bank 🍈🍆🌶️🍲



Welcome to our newest member, Pedro Johnson, sponsored by Bill Shalaby.



Eyeglass Sorting Party

Sunday, Oktober 18, 2-5 pm

Staudinger's, 24615 NE Stegert Dr., BG



Join Us After for Brats & Beer Happy Hour, 5 pm

Bring a side dish to share and favorite brew /bottle.
Soft drinks provided. **RSVP** by Friday, Oct. 16:
shelley-staudinger@comcast.net

CASCADIA VIRTUAL LIONS
HELPING BLIND CHILDREN PLAY SPORTS

THURSDAY 31
DECEMBER

GREAT SNOW DEPTH CONTEST

\$5 PER GUESS / \$20 FOR 5
DEADLINE OCTOBER 31, 2026
WIN % OF TOTAL POT
1ST 10% • 2ND 5% • 3RD 2%
SUPPORTS A BALL FOR ALL



Scan QR Code



NEED NOT BE PRESENT TO WIN / FUNDRAISER

cascadiavirtual@gmail.com



October 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
				1	2 Lions Meeting 12 PM	3 Dozer Days
4 Dozer Days	5	6 Clark Co. Hearing 6 PM Clark Co. Sight 6:30 PM WSSB	7	8	9 Share House	10
11	12	13 Kitchen Confidence for Youth Happy Birthday Wanda Slevin	14	15	16 Lions Meeting 12 PM Board Meeting 1 PM	17
18	19	20 Kitchen Confidence for Youth	21	22	23	24 Shred Event
25	26	27	28	29	30	31



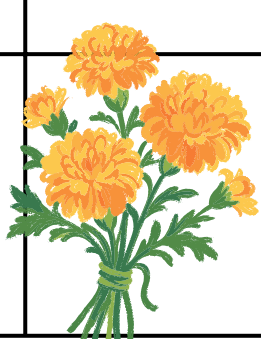
**First & Third Fridays
Noon Meeting**



**Golden Corral Buffet
11801 NE Fourth Plain Blvd
Vancouver, WA 98682**



November 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
1	2	3 Clark Co. Hearing 6 PM Clark Co. Sight 6:30 PM WSSB	4 (3) Kitchen Confidence for Young Adults	5	6 Lions Meeting 12 PM	7
8	9	10 Kitchen Confidence for Young Adults	11	12	13 Share House	14
15	16	17	18	19 Happy Birthday Michele Jensen	20 Lions Meeting 12 PM Board Meeting 1 PM	21
22	23	24	25	26 Happy Thanksgiving	27	28
29	30					



**First & Third Fridays
Noon Meeting**



**Golden Corral Buffet
11801 NE Fourth Plain Blvd
Vancouver, WA 98682**



December 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
		1 Clark Co. Hearing 6 PM Clark Co. Sight 6:30 PM WSSB	2 Happy Birthday Ralph Harding	3	4 Lions Meeting 12 PM	5 Happy Birthday Eva Halter
6	7	8	9	10	11 Share House	12
13	14	15	16	17 Santa Store Happy Birthday Lori Pulliam	18 Lions Meeting 12 PM Board Meeting 1 PM	19
20	21	22	23	24 Christmas Eve	25 Merry Christmas	26
27 Happy Birthday Doug Wilson Steve Enyeart	28	29	30	31 New Year's Eve		



**First & Third Fridays
Noon Meeting**



**Golden Corral Buffet
11801 NE Fourth Plain Blvd
Vancouver, WA 98682**